

# South Durham u3a

Registered Charity Number 1207225

Active in **Darlington, Cockerton and surrounding areas**

<http://www.sdurhamu3a.org.uk/>

**Friday 5<sup>th</sup> April 2024**

**MONTHLY MEETING Tuesday 9<sup>th</sup> April**  
**Marion Boyden – Guide Dogs for the Blind**

## MESSAGE FROM YOUR CHAIR

I'd like to begin by welcoming more new members to South Durham u3a:

- Wendy Jones
- Beryl Simpson
- Janet Turnbull
- Sylvia Elliott
- Judy Bowerbank

We hope you find plenty of events, meetings & activities to choose from.

A further reminder that refreshments are served at the monthly meeting from **9.45am until 10.15am**. This will then give the volunteers time to wash up and clear the kitchen before the talk begins at 10.30am.

This month the Local History group will hear from Mike Thornton. He is the son in law of the Spennymoor artist **Norman Cornish** who depicted his life as a miner in the Durham Coalfield in paintings which now go for large sums.

Everyone is welcome to join us – from 1.15 on Tuesday 16<sup>th</sup> April. See details under Local History.

There is an additional item sent with the newsletter from our Northumbria Region. It's an opportunity to enjoy a **Music Day** in the Wickham area, south of the Tyne on **6<sup>th</sup> June**. All details are contained in the attachment.

Finally, I pass on the sad news of **Harry Peart**, a long-time member of our u3a who passed away last month. Harry was a cheerful gent who was born in Cockfield and had worked as a nurse at the Isolation Hospital up on Yarm Road. He was happy to talk to the Local History group on several occasions. His funeral details are in the Echo.

**Ruth Beckett**

[southdurhamu3a@gmail.com](mailto:southdurhamu3a@gmail.com)

## LAST MONTH'S MEETING

Tax Care and Toyboys – Co-op Estate Planning, PAUL HETHERINGTON

Paul's previous gig had been with Wooler u3a. They match us in membership, but he only had 15 in the audience! So, either the Wooler folks have everything sewn up or they don't give a toss. Judging from the numbers of people filling in Paul's forms after our meeting, I suspect a lot of us thought we'd made adequate arrangements but now had doubts.




Paul had a very measured approach, ideal for the subject matter which has so many pitfalls including ongoing legislative change. I shan't repeat details here for fear of getting it wrong, but he covered Inheritance Tax, possible care costs in old age, Powers of Attorney and how to prevent one's estate going to the wrong people (this is where the toyboys came in). I do hope we all get sorted out.

**Linda Chadd**

P.S. I was interested in Paul's hobby of real tennis, having visited Jesmond Dene Club on a Heritage day. He has also played at Hampton Court in the footsteps of Henry VIII, whose own estate arrangements caused no end of trouble....

## LATEST NEWS FROM THE GROUPS

### COFFEE & CHAT

 The group met in Binns for our April get together and found the venue more spacious yet quieter than our previous venue. We shall therefore continue to meet at Binns on the last Wednesday of each month. Our next meeting will be on **Wednesday 24<sup>th</sup> April from 10.00 to 12.00** so do come and join us for coffee. We shall be delighted to see you.

**Pauline Noble**

### CRAFTING CLASS (also called Jungalow Crafting – it is one of our u3a groups!)



On Thursday the 28<sup>th</sup> March, Jungalow Crafts held their second crafting session above the Newcastle Building Society in Horse Market. Nine eager ladies attended and were taught how to make quilted Easter Eggs. At the end of the session the ladies had produced an amazing array of eggs. April's crafting session is called Pegs and Pompoms and there are still a few places available.



If you are interested in joining the monthly sessions, which are all part of the u3a and open to all members, please contact the group leader Dot.

Only charge is £5 each to cover the cost of materials and refreshments.



Date	Craft	Date	Craft
25/4/24	Pegs and Pompoms	26/9/24	Plastic binca craft
30/5/24	Wool felting	31/10/24	Deco mesh Wreath Making
27/6/24	Paper cutting	28/11/24	Deco mesh Wreath making
01/8/24	Quilling	19/12/24	Christmas Bauble making

## FAMILY HISTORY



It has been decided that the group will not meet during the summer months. Meetings will therefore recommence on **Friday 11<sup>th</sup> October** and continue on the second Friday of each month thereafter.

Enjoy the good weather (hopefully) and I look forward to seeing everyone in October ready to trace more ancestors.

*Pauline Noble*

## FRIDAY WALKING GROUP



15<sup>th</sup> March

After what felt like a winter of incessant rain and a walks programme that was either cancelled due to rain or diverted due to mud, we felt so lucky to have a bright dry day for our coastal walk from Saltburn to Skinningrove.



Six enthusiastic walkers met at Linden Avenue before heading out to Saltburn. Leaving cars in the Cat Nab carpark we climbed the steep steps near the Ship Inn following the Cleveland Way. From there the route along the cliff top was fairly level. The views were tremendous. The very strong wind blew away any cobwebs and sometimes any attempts at conversation too. For some of the route we walked between the cliff edge and the single-track railway.

The industrial past as well as modern industry was visible in both directions. Skinningrove was once a fishing village and a centre of ironstone mining, and we walked past an impressive metal sculpture celebrating the heritage. There was also a plaque marking the site of Huntcliffe Roman Signal Station though most of the cliff has been eroded and disappeared.

There were poignant reminders of how some people in moments of despair come to the cliff edge. The Samaritans had placed several notices with thoughtful messages and giving their contact number.

In total we walked six miles, cutting short the planned seven to eight; to avoid the worst of the mud we decided to turn around shortly before the steps down to the beach at Skinningrove. We returned mostly by the same route until the final stretch when we came down the steep hill by a bridleway rather than the steps.

We finished a really enjoyable day out by a visit to a nearby coffee shop where most of us tested and approved the hot chocolate.

Thanks to Dave for leading and to Dave and Penny for driving.



*Judith Bryant*

The walk on **19<sup>th</sup> April** will be led by Penny but not as advertised in last month's newsletter due to safety issues. She is hoping to lead a walk around the **Coxhoe** area. Approximately 7/8 miles.

Please meet at Linden Avenue, (Coniscliffe Road end) at 9.30 and bring a packed lunch.

Members should be confident they are fit to participate and wear suitable clothing and footwear. They should also carry information to be used in case of an emergency (ICE cards)

## INTERMEDIATE WALKING GROUP



### Monday 18<sup>th</sup> March

First thing to say about the walk is that it was sunny. I will say that again, sunny. In fact, it was even warm! Eleven of us met up at usual place, and pinched ourselves, we were so relieved that it was not, in fact, raining. Second thing to say, we had a new member join us, so welcome to Barbara.

The walk took us along Baydale Beck and our first photo opportunity, the very old, venerable black poplar. If there is a more gnarled tree in the county, I would like to see it. Daffodils all the way, we crossed the road into Low Coniscliffe and down onto the riverbank. The wild garlic is going wild, and the trees all have that delightful haze of pale green. Our pit stop was the Baydale Pub, and we squeezed into the Snug, where a solitary man was reading his newspaper, with his dog at his feet. We probably disturbed his quiet morning, or maybe added a spice of life. The hot drinks took some time to arrive, but that is another story. A leisurely pace back along Staindrop Road ended the outing. Lots of conversation, fresh air, and sunshine!



Sue did her usual calm organisation, for which I am always grateful.

### **Alex Bailey**

The walk on **15<sup>th</sup> April will be from New Coundon**, approximately 5 miles and led by Dave. He will meet you there, but please meet as usual at Cockerton car park at 10am. You may wish to bring a snack to eat.

**There will be no walk on 4<sup>th</sup> May** as it's a bank holiday.

Members should be confident they are fit to participate and wear suitable clothing and footwear. They should also carry information to be used in case of an emergency. (ICE cards)

## LOCAL HISTORY



### Visitors to Hadrian's Wall – David Butler

Not as you might expect, a talk about the Romans and Hadrian's Wall – although they did get an initial mention, with a diagram and map explaining the nature of the wall – with its mound of earth, ditch, the wall itself, the military way and the Vallum (quite a complicated structure). The wall was begun in 122AD and abandoned in 410AD. It was initially designed to separate the Romans from the Barbarians to the North.

The visitors came much later, in the 16<sup>th</sup> Century – antiquarians looking at the Roman remains; tourists in the 17<sup>th</sup> Century; Scientific Archaeologists in the 19<sup>th</sup> Century. David took us through some of the more noted travellers who wrote about their visits to the wall. Stukeley came in 1750s and reported back to the Princess of Wales on what he had found. Walter Scott wrote about it in 1797.

Hutton, a bookseller from Birmingham walked all the way to the wall and along it in both directions, 600 miles in all. WH Auden wrote a poem about it in 1937, Alfred Wainwright documented his walks in 1938 and Hunter Davies completed the readings from his book, Walk along the Wall in 1974.

### **Ruth Beckett**

Everyone is welcome on **Tuesday 16<sup>th</sup> April** at Willow Road Community Centre when **Mike Thornton, the son-in-law of the late Norman Cornish will talk to us about Norman's sketchbooks, art and life in the mining community of Spennymoor where he grew up.**

From 1.15 for a 1.45 start – £2 with refreshments provided.

## LUNCHEON GROUP



Our March get together was at the Chequers at Dalton-on-Tees & although it was a week earlier than usual, due to the Easter holiday, we still had a good attendance of 24 members. It was our second visit there. The food was well cooked and plentiful at a good price & several members chose to have a dessert. It is another venue that we will return to.

### PLEASE NOTE

I will not be at the main u3a meeting in April as I am spending that week in Budapest on a City Break. Therefore, MARIE GRAHAM has kindly offered to take the names of members who want to attend April's get-together at the main meeting.

**April's Lunch group venue is the Bay Horse at Middridge** (postcode DL5 7JD) & we will meet there on **Friday 26<sup>th</sup> April** at 1pm. I have chosen this venue as we have had excellent food & service there in the past and we **DO NOT NEED TO PRE-ORDER OUR MEALS**.

If you miss the main meeting but want to attend the meal, please text me

I will be contacting the venue on Monday 22<sup>nd</sup> April to confirm the numbers attending.  
Thanks for your co-operation this month.

***Stella Barnes***

## PLAY READING GROUP



At last, we finished, or finished off, 'Oh, Clarence' by John Chapman. It was somewhat of a relief to finalise the activities at Blandings Castle having begun our reading of it way before Christmas. The fact that there were only five of us and, eventually, six, and that reading the cast of thirteen players added to the enjoyment of an amusing play as we tried to change our voices to suit the characters. Sometimes we were speaking to ourselves of course. Tricky if we were holding three parts but good fun.

We were sorry to miss the company of Joan and Clive due to Clive's illness.

Our next reading is 'Not now, Darling' again by John Chapman but this time collaborating with Ray Cooney. We shall be meeting on **Tuesday 16<sup>th</sup> April** at 2pm at Isabel's.

***Muriel Jones***

## READING GROUP 1



This month's book choice was "**State of Wonder**" by the popular American author **Ann Patchett**.

What can I say? It's different!

"Among the tangled waterways and giant anacondas an enigmatic scientist is developing a drug that could alter the lives of women forever. Dr Annick Svenson's work is shrouded in mystery, she refuses to report on her progress, especially to investors whose patience is running out. Andreas Ackman, a mild mannered lab researcher, is sent to the Amazon to investigate." So says the blurb on the Amazon book website.

However, this is only half the story. It ignores its main protagonist, Dr Marina Singh, who is also dispatched to the Amazon to investigate, when news of the fate of her fellow colleague seeps out.

The novel gets off to a slow start but the pace really picks up as Marina eventually discovers the location of the research site, in a remote area accessed by boat along the Rio Negro.

Patchett's powerful writing takes over to describe a series of overwhelming events which bring the story to a climax and tests Marina's determination and courage.

This book was not everyone's cup of tea but sufficiently thought-provoking to merit a lively discussion.

Many thanks to Gillian for introducing the book and who, like myself, found in it much to admire.

Many thanks also to Lorna who hosted the meeting and provided the excellent refreshments.

At our next meeting held on 10th April and hosted by Ann, we will be welcoming **Vivien Clear**, the author of “**Dancing on Mara Dust.**”

For those of us who missed her talk at the U3A Local History group, it will be an opportunity for us to hear her introduction and to pose questions. Vivien has kindly lent us copies of the book so we can be up-to-date with her story. A meeting with a difference!!

**Toni Carr**

## READING GROUP 2



For our March book we chose the novel ‘**The God of Small Things**’ by Arundhati Roy. Written in the 1990s and set in India it is a complex story of a family, focussing on non-identical twins. Two sexual relationships broke the ‘Love Laws’ as they were referred to: firstly, the incestuous one between the twins, and secondly the one between their mother and a man of a lower caste.

Opinions of the book were mixed. The similar Asian names and nick names, the switching backwards and forwards of the time period, and the complicated layers of the story all made it a difficult read at times, but the wit and very descriptive style and insight into another culture made it enjoyable.

Our next meetings will be:

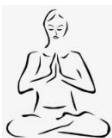
**Friday 12<sup>th</sup> April** at Brenda’s. The book for discussion is ‘The End of the Affair’ by Graham Greene. Copies of this have been obtained from the library.

**Friday 10<sup>th</sup> May** at Liz’s. The title still to be confirmed is Claire Tomalin’s biography ‘Samuel Pepys, the unequalled self.’

The library is revising the group lending list and so our schedule is uncertain.

**Judith Bryant**

## YOGA PHILOSOPHY GROUP



We will advise further on a likely restart date nearer the time.

**Pat & Barry Garnett**

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## TRIPS OUT & ABOUT

### LOCAL HISTORY GROUP VIST TO QUAKER BURIAL GROUND

On Wednesday **20<sup>th</sup> March** a group of 20 members met our guide, Bill Stuart, on Skinnergate for a guided walk around the Quaker Burial Ground. He has previously delivered a most interesting talk to the Local History group on the Quakers in Darlington.

The Friends’ meeting House on Skinnergate is where the ‘Religious Society of Friends’ commonly known as the Quakers or Friends, met for worship, and Bill took us into one of the meeting rooms and explained the background to the Quakers.

The movement started in the late 17<sup>th</sup> Century when people began preaching around the north of England. Many Quakers became successful businessmen – as they were not permitted to enter the professions of Law or Medicine. Names such as Cadburys, Crawfords, Rowntrees, Frys are all Quaker businesses. Their core beliefs of Peace, Truth and Simplicity continue to this day.



Behind the Friends Meeting House lies the large and peaceful burial ground where many of the names on the simple headstones record the prominent Quakers and their families, who influenced the history and development of Darlington – the Pease and Backhouse families being the best known. The Headstone of Edward Pease (Father of the Railways) record that he lived to 91 years of age.

We were too late for the snowdrops, but the area was still very pleasant with other spring flowering bulbs. There are a number of information boards throughout the grounds, so it is possible to venture through the archway on Skinnergate and enjoy the peace and tranquillity of the area whilst learning more about the history of this very special place.

A full guide to the Friends Burial Ground is available online.

Thank you, Bill, for sharing your wealth of knowledge about the Quakers with us. We are doing it all again on **Wednesday 15<sup>th</sup> May** and there will be a sign-up sheet at the next meeting.

**Debbie Hardy**



### **MAYDAY VISIT TO HYLTON CASTLE, WED. 1/5/2024**

I now have 12 members paid up so the trip will run. We have 8 more spaces, but if anyone else wants to come, we shall need at least one more driver.

Your next chance to sign up will be at our monthly meeting on Tuesday April 9<sup>th</sup>.

Cost is £5 per head, cash preferred, but NB owing to prior commitments I am incommunicado for a week from Saturday April 13<sup>th</sup>.

I shall issue final general instructions by email about a week before the trip. It is up to drivers to contact their passengers.

Enjoy history and nature, spot engineering triumphs and old remains - no, not your companions, but remnants of Sunderland's busy past!

**LINDA CHADD**

### Littlethorpe Pottery (just outside Ripon) – Thursday May 16<sup>th</sup> @ 11am car share

Price will depend on number of members attending. £12 if there are 25 of us (less people obviously more)

Our tour will take 2/3 hours.

We will receive a tour giving us on the history of the pottery & its traditions.

You will see old working machinery & display boards.

We may be split into 2 groups half doing practical the other half seeing a demonstration of old machinery.

It is suggested everyone wears old clothes & footwear as it is dirty by nature.

Also take wellies or strong footwear as there might be the opportunity to walk across fields to see an aerial view of clay pits – seeing the raw clay being dug. That will depend on weather obviously.

If you are unable or unwilling to walk you can stay behind have a drink in shop area.

The shop will be available at the end IT IS CASH OR CHEQUE ONLY.

There is a toilet on site & parking but no cafe facilities. I would suggest we take snacks & packed lunch for afterwards.

### Sion Hill Hall, Kirby Wiske - between Northallerton & Thirsk – car share

**Wednesday June 19<sup>th</sup>** @ 10-30 am for approximately 2.5 hours

Cost £24 includes tea & biscuits.

This hall belongs to Historic Houses so if you are member, you receive free entry.

Guided tour of the house & time to explore the gardens. I am informed the stairs are wide with a strong bannister.

Good footwear would be appropriate.

There is also a Bird of Prey Centre on site at an extra charge – with flying displays.

### SUMMARY LIST OF TRIPS COMING UP

Wednesday 17 <sup>th</sup> April	Auckland Castle	Booking now – Carol details above
Monday 1 <sup>st</sup> May	Hylton Castle and Walk – care share	Booking now – Linda details above
Wednesday 15 <sup>th</sup> May	Quaker Burial Ground (2 <sup>nd</sup> visit)	Booking now – Debbie
Thursday 16 <sup>th</sup> May	Littlethorpe Pottery just outside Ripon	Booking now – Carol details above
Wednesday 22 <sup>nd</sup> May	History walk around Durham AM with David Butler <i>Crook Hall PM for those who are interested (this is a National Trust property)</i>	Debbie – booking from 9 <sup>th</sup> April sign up at meeting
Wednesday 5 <sup>th</sup> June	Breezy Knees – garden visit on coach	Kathy Liddle – sign up sheet at meeting on 9 <sup>th</sup> April
Wednesday 19 <sup>th</sup> June	Sion Hill Hall - Price £24 – car share	Carol Boyd – booking now see above
One of the last Edwardian stately homes built in Yorkshire before WW1. An Arts and Crafts House with 5 acres of restored gardens		
Thursday 4 <sup>th</sup> July	Foxglove Covert nature reserve Small conservation area on Catterick Camp	Carol Boyd – not booking yet



Thursday 11 <sup>th</sup> July the US	Great Yorkshire Show by coach	Book Direct with Lees Coaches and tell them you are with South Durham u3a
To be arranged	Tudor Croft Garden	
Friday 13 <sup>th</sup> September	Skipton Day Trip by coach	Kathy Liddle– not booking yet but let her know if you are interested
Wednesday 18 <sup>th</sup> September	Spennymoor – Norman Cornish Trail	Carol Boyd – not booking yet
November – awaiting date from Lees	Castle Howard at Christmas	Please inform Kathy if you are interested in this

I asked the male u3a membership to give me ideas for days out which I may not have considered, and they suggested:

- M Sport at Cockermouth.
- Breweries
- Sunderland Sea Land Air museum
- Shuttleworth Air Display & Museum (overnight stay)
- Behind scenes at Beamish
- New sheds at Shildon
- Woodhorn Museum Ashington
- Go to an auction
- Behind scenes at Auction house.

I will look at one visit towards end of this year.

Many thanks  
Carol

### **This Year's Trip – Bath & Oxford – September 2024**

We are in the process of booking the venues for our next trip which will be from 2nd to 6th September 2024. We shall be staying at the Robinswood Hotel, on the outskirts of Gloucester, at a cost of £382 plus a single supplement of £100, where the museum appropriate.

We shall break our outward journey with a stop at the **Richard III Visitor Centre** in Leicester at a cost of £7 but further charges will apply for lunch and a talk "The King under the Carpark", if required.

Our second day will be spent in **Bath** where you may visit the Roman Baths and the Abbey or you can discover Georgian Bath at the Assembly Rooms, Jane Austen Centre or No 1 The Crescent. Maybe you would prefer to take a free walking tour to discover the history of the city or just relax on a boat on the River Avon. The choice is yours.

**Oxford** is our venue for day 3 where several of the colleges may be visited as well as the Ashmolean Museum, Bodleian Libraries, Cathedral and Botanic Gardens. Maybe you would prefer to walk in the footsteps of Inspector Morse and his colleagues or take a boat trip on the River Avon.

Our fourth day will be spent at **Blenheim Palace** (£24.50), plus upstairs and downstairs tours at £6 each, if required.)

Our final visit will be to Blists Hill at the **Ironbridge Gorge Museum** near Telford (£16) to break our homeward journey.

We still have a few rooms available and full cost details for the venues will be available in the near future.

If you would like to join us or require further information please email

## Another Spring

I mourn to think there may not be  
another English Spring for me.  
That brisk fresh feel of latent rays  
after frosty stills of winter days.  
When leaves start to show a pinch of green  
on hedges down the lane, and  
snowdrops droop in swathes of white  
to take my breath again.  
The daffodils and tulips wait to make  
their yearly show, I watch those bright red  
heads delight in tossing to and fro.  
I hear the Blackbirds call  
'pleased-to-meet-you

to-meet-you-to-meet -you' while bluetits  
loop-the-loop across the livening lawn.  
Those switch-tailed squirrels hunt  
for nuts among my flower pots  
and steal the seeds set out for birds  
near the wooden nesting box.  
Earlier this year, I think, with her annual  
display, the earth can't wait to encore  
all her favourite round-a-lay.

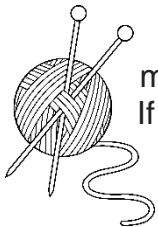
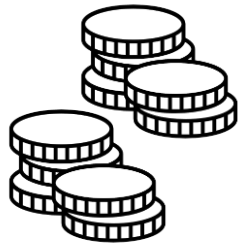
**Margaret Rule**

## Women Against State Pension Inequality



I'm one of those WASPI women –  
The Government stole my pension  
With no thought to my welfare so  
I just thought I would mention  
When compensation is paid to me  
I'll accept it with ease  
Into my Bank .... And I'd like  
A million pounds please!

**Kate Brown**



Thank you everyone who has knitted squares to be made into blankets. Along with myself, your donations & Woodham Knit & Natter Group we have completed 35 blankets. If you wish to carry on knitting & keeping hold of the squares I will return to blanket making in the Autumn.

Over the Summer months I will be returning to my needlework.

Remember I collect stamps all year round.  
Many thanks, **Carol Boyd**

<b>2024 Monthly meetings</b>		
	<b>Speaker</b>	<b>Title</b>
<b>January 9<sup>th</sup></b>	Chris Lloyd	<i>Hidden Darlington</i>
<b>February 13<sup>th</sup></b>	Carol Tetlow	<i>Stethoscope Secrets on her time as a GP</i>
<b>March 12<sup>th</sup></b>	Co-op Estate Planning	<i>Tax, Care and Toyboys</i>
<b>April 9<sup>th</sup></b>	Marion Boyden	<i>Guide Dogs for the Blind</i>
<b>May 14<sup>th</sup></b>	Mark Goodger	<i>Tees Valley Honey</i>
<b>June 11<sup>th</sup></b>	Rev John Howard	<i>Hope for Israel / Palestine</i>
<b>July 9<sup>th</sup></b>	Raby Castle Team	<i>Presentation</i>
<b>August 13<sup>th</sup></b>	David Dean	<i>Where did that come from – the origins of famous terms</i>
<b>September 10<sup>th</sup></b>	Dr Stuart Jones	<i>Energy Transition to Net Zero</i>
<b>October 8<sup>th</sup></b>	Shaun Campbell	<i>The Arthur Wharton Foundation</i>
<b>November 12<sup>th</sup></b>	James Skitt	<i>AGM and Demonstration of 3D Printers</i>
<b>December 10<sup>th</sup></b>	Beverley Palmer	<i>A Musical Interlude on flute and cello</i>

Canasta – Sylvia Elliott	Travellers Rest	2pm alternate Thursday of the month. £2 each – includes refreshments.
Coffee & Chat - Pauline Noble	Town Centre Café	10am last Wednesday of each month
Current Affairs – Gill Turnbull	Members' homes	10am-12 noon on the third Monday of the month
Family History	Members' homes	On a break until 11 <sup>th</sup> October (2 <sup>nd</sup> Friday of each month)
Friday Walking	Park cars in Linden Ave (nearest Conniscliffe Rd end)	9.30am on the third Friday of each month
Intermediate Walking	Cockerton car park	10am on the first and on the third Monday of each month
Jungalow Crafts – Dot Hullah	Above Newcastle Building Society, Market Place	10am-12 Last Thursday of the month
Local History - Debbie Hardy	Willow Road Community Centre	1.30pm on the third Tuesday of the month
Luncheon Group - Stella Barnes	Pubs/restaurants	1.00pm on the last Friday of each month
Mah Jong - Sheila Egan	Members' homes	2pm–5pm every second and fourth Monday of the month
Play Reading – Muriel Jones	Members' homes	2pm on the third Tuesday of the month
Reading Group 1 – Toni Carr	Members' homes	Second Wednesday of each month
Reading Group 2 – Judith Bryant.	Members' homes	10.30am on second Friday of each month
Rummikub – Liz Kay	Members' homes	10am-12 noon on the first Friday of each month
Philosophy of Yoga Barry and Pat Garnett	Members' homes	Currently on a break until the autumn (10am-12 noon on third Wednesday of each month)